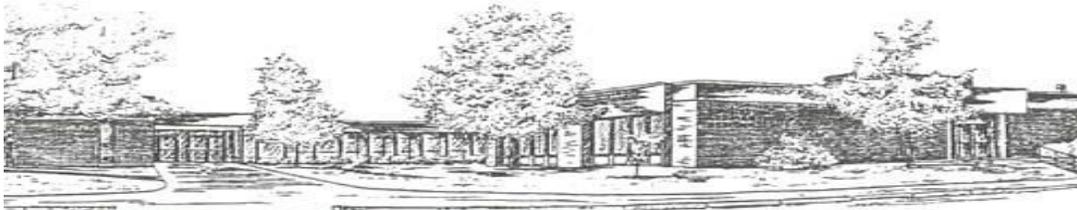


KINGSTON ELEMENTARY SCHOOL

150 Main Street, Kingston, MA 02364
Tel. 781-585-3821 Fax: 781-582-3858



Dr. Kerri Whipple , Principal

Mr. Jake Galewski, Assistant Principal

Dear Parent/Guardian:

I would like to take this time to welcome you back to school. Listed below is a brief overview of some of the policies and procedures of the nurse's office, so that I may serve you better and more efficiently during the school year.

1. Students in all grades will be screened for vision and hearing. Height, weight, and BMI are obtained on all First Graders as required per the Massachusetts Department of Public Health. Privacy is ensured during the obtaining of the information, and occurs during the physical education wellness rotation. You must notify the School Nurse in writing if you do not want your child to participate.
2. Students may receive first aid and medication, within the restrictions imposed by the standing orders authorized by the school physician, for injury or illness occurring during school hours. As always, I am cautious in giving out medications and will try other natural remedies first.
3. If your child needs any prescription medication (long-term, short-term, or on an as needed basis), the nurse must have a doctor's order. This form is available on the school website, in the health office, or your child's physician may use his/her own form. If your child is currently taking medication that should be taken at school, please bring in the medication and a picture of your child as soon as possible. This is especially important if your child uses an inhaler or has emergency medication such as an Epipen. An adult must deliver all medications to the school nurse in a pharmacy labeled bottle. **Children should not carry medication.**
4. In cases with no known cause of illness, **your child must be fever free (without medicine), vomit free, and diarrhea free for at least 24 hours before returning to school.** If your child sees a Doctor and is put on an antibiotic, they must be on the antibiotic for at least 24 hours before they are considered not contagious. Healthy habits are taught and encouraged at school. Please remind your child to wash their hands and use cough/sneeze etiquette.
5. Communication is very important between parents and the nurse. Please notify me with any changes in your child's health during the school year. You will be notified if a health problem or injury arises with your child during school hours.

Please sign and return the Emergency Information (side 1) and the Annual Student Health Update Form (side 2) as soon as possible. If there is any way I can be of assistance to you, or if you have any questions, please do not hesitate to call. The number of the nurse's office is: 781-585-5290. Thank you for your attention to these health matters.

Sincerely,

Mrs. Jody Lunn, BSN, RN, NCSN
School Nurse