



Dear Parent/Guardian,

Silver Lake Regional High School is currently implementing an innovative program for our students. Research in the area of concussions and the increased frequency we are seeing with student concussions has raised our awareness of the problem. In order to better manage the academic issues experienced by our students who sustain a concussion we have acquired a software tool called ImpACT (Immediate Post Concussion Assessment and Cognitive Testing). ImpACT is a computerized exam utilized in many professional, collegiate, and high school sports programs across the country to help schools better understand the academic implications of concussions. If a student is believed to have suffered a head injury during an activity, ImpACT is used to help determine the severity of head injury, when the injury has fully healed and delineate academic expectations for the student

The computerized exam is given to students during their PE/Wellness class. This non-invasive test is set up in a “video-game” type format and takes about 15-20 minutes to complete. It is clear and concise and many students enjoy the challenge of taking the test. Essentially, the ImpACT test is a like have a “pre-season physical” of the brain. It tracks information such as memory, reaction time, speed, and concentration.

If a concussion is suspected, with your consent, we will re-administer the test. Both the pre-test and post-injury test data is given to a local doctor or concussion clinic to help evaluate the injury. The information gathered can also be shared with your family doctor. The test data will serve two essential purposes. First it will enable these health professionals to determine when return-to-play is appropriate and safe for injured athletes and secondly will assist the student’s teachers to understanding the effects of the concussion on student performance in the classroom.

We are excited to implement this program given that it provides us with essential information to help ensure your student’s safety. If you do not wish your child to take part in this testing, please return the attached page with the appropriate signatures. We feel that this testing is especially important for all student athletes and therefore will be required as part of the registration process.

If you have any further questions regarding this program please feel free to contact me at mjamieson@slrsd.org.

Sincerely,

Martha Jamieson
Director of Athletics and Wellness



Opt Out Form

(DUE by Tuesday, February 8, 2011)

For use of the Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT)

I have read the attached information. I understand its contents. I have been given an opportunity to ask questions and all questions have been answered to my satisfaction. I choose to have my student opt out of participating in the ImPACT Concussion Management Program. I understand that this test is a requirement for participation in athletics.

Printed Name of Student _____

Grade _____

Signature of Parent

Date