

Welcome

**Silver Lake Regional
High School
Personal Guide to
Success**

PowerSchool – Parent Portal

- Access to your child's grades and attendance through PowerSchool is provided to you as a form of communication with teachers and administrators during the 2011-2012 school year. More importantly, it is to help all of us in our efforts to help your student be successful in school. Please read these guidelines carefully and fill out the attached "Request for Power School Access" form. A username and password will be provided to you by our information services department.
- Please keep the follow factors in mind while utilizing this service:
- The purpose of the parent portal (parent access) is to provide a convenient means to facilitate communication between home and school. It is clear that teachers will utilize the parent portal in varying degrees.
- As you know, many factors influence student grades. Student achievement can not be accurately measured solely by strict numerical means. Therefore the parent portal should be used as access to an indicator of your student's academic progress, but should not be interpreted as a student's final grade.
- Although you will be able to access your student's grades and attendance 24/7, please understand that thoughtful and comprehensive grading requires time. Student grade information will be updated as each teacher sees fit. Attendance information is automatically updated daily.
- As has always been the case, if you are concerned about your student's performance, we recommend the following:
 - speak with your student first
 - have your student talk with their teacher for clarification
 - check the teacher's grading policy as described in the syllabus your student received at the opening of school
 - email, send a note, or call the teacher directly
 - request a meeting with the teacher(s) through your student's guidance counselor
- *Disclaimer: This system is provided only as an educational support for you and your child. The information provided by the PowerSchool Parent Portal is not an official record. For official records contact your school. Neither this institution nor Pearson Education accepts any responsibility for information provided by this system and/or damages resulting from information provided by this system.*

Classroom Expectations

- Rigor
- Homework / Class work
- Long Term Planning

Frequently Asked Questions

FAQ

- Where do the busses drop off/pick up?
- Does every freshman have a locker?
- When can students use the restrooms?
- Is lunch similar to the middle school?

Silver Lake's Safe School Initiative

- **What is the Bullying Law and how does it impact my student at Silver Lake Regional High School?**

Silver Lake's Safe School Initiative

Bullying is the repeated use by one or more students of a written, verbal or electronic expression or a physical act or gesture or any combination thereof, directed at a victim that:

- causes physical or emotional harm to the victim or damage to the victim's property

Silver Lake's Safe School Initiative

Bullying is the repeated use by one or more students of a written, verbal or electronic expression or a physical act or gesture or any combination thereof, directed at a victim that:

- places the victim in reasonable fear of harm to himself or of damage to his property

Silver Lake's Safe School Initiative

Bullying is the repeated use by one or more students of a written, verbal or electronic expression or a physical act or gesture or any combination thereof, directed at a victim that:

- (iii) creates a hostile environment at school for the victim;

Silver Lake's Safe School Initiative

Bullying is the repeated use by one or more students of a written, verbal or electronic expression or a physical act or gesture or any combination thereof, directed at a victim that:

- (iv) infringes on the rights of the victim at school; or

Silver Lake's Safe School Initiative

Bullying is the repeated use by one or more students of a written, verbal or electronic expression or a physical act or gesture or any combination thereof, directed at a victim that:

- (v) materially and substantially disrupts the education process or the orderly operation of a school.

Project Silver

Mentoring Program

Mrs. Fontaine and Mrs. Gill
Program Coordinators

What is Project Silver?

- Mentoring and advisory program designed to provide students with extra support with academics, school adjustment, goal setting, careers choices, behavioral issues, and transitioning from middle to high school.

Examples of Project Silver Activities and Events

- **Freshmen Forum-** orientation and transition to the high school
- **Seminars-** every term students will take part in a seminar dealing with a range of topics from study skills, goal setting, career planning, confidence/self-esteem, etc.
- **1-on-1 Mentoring is available-** students can be paired up with a “mentor” (a teacher, guidance counselor, etc.) that they can turn to for extra support.
- **Peer Mentoring and Mediation is available-** upperclassmen volunteer on as-needed basis. They help with school adjustment, settling issues between 2 or more students, etc.
- **Course Selection Ice Cream Social-** students are able to meet in a fun environment to discuss what courses to take their sophomore year.
- **Mid-Term and Final Exam Study Sessions-** structured review sessions where teachers from all core subject areas are available to assist students.

Parent/Guardian Role

- Students will receive invitations for activities throughout the school year.
- Check school website and newsletters for upcoming events and activities.
- Questions? Email:
 - mfontaine@slrsd.org or mgill@slrsd.org

Ms. Jamieson, Director

Department of Athletics & Wellness

■ Athletics

Process for Winter and Spring signups
Bona Fide Team Rule
Student First, Athlete Second

■ Wellness Course

Required components = Introduction to Wellness 1 & 2
Strength Training
Cooperative Games/Nutrition

Electives = Recreational Games
Traditional outdoor & indoor games
Individual fitness
Individual wellness

■ Impact Baseline Test for Concussion Management

Graduation Requirements

- 4 years of English = 16 credits
- 3 years of Math = 12 credits
- 3 years of Science (Biology & Physical Science) = 12 credits
- 3 years of Social Studies (U.S. & World) = 12 credits
- 3 years of PE (one term a year) = 6 credits
- 1 Wellness Course = 4 credits
- Course(s) in Fine and/or Practical Arts = 4 credits
- 40 Hours of Service Learning
- Demonstration of Computer Competency
- A Minimum of 96 Total Credits

Help Desk

Silver Lake Regional High School Website:

- Wealth of information
- Teacher email
- Announcements
- Athletics
- Guidance Services

<http://www.slrsd.org/slrhs/>

Still have Questions?

SLRHS COMMONLY USED EXTENSIONS

MAIN OFFICE

Mr. Kelley – Principal	1005
Mr. Mulcahy – Housemaster	1007

CTE OFFICE

Mr. Glass – Director	2402
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GUIDANCE OFFICE

Mr. Garofalo – Director (A-B)	1023
Mr. Perrone – (C-Gr)	1027
Mrs. Cranshaw – (Gu-Ni)	1025
Mrs. Ryan – (No-Z)	1029
Ms. Weeks – CTE Students	1026
Mrs. Richards – Adjustment Counselor	1024
Ms. Erlandson – School Psychologist	2427

DEPARTMENT CHAIRS

Mr. Vitonis – English	2412
Mr. Blette – Social Studies	2411
Ms. DePasqua – Fine/Prac. Arts	2440
Mrs. Hines – Foreign Language	2419
Mrs. Poole – Science	2414
Mr. Sawyer – Mathematics	2413

ATHLETICS AND WELLNESS OFFICE

Ms. Jamieson – Director	1500
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