

Silver Lake Regional Middle School

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Potassium Iodide Parent/Guardian Informed Consent Form

Reason for taking Potassium Iodide

In the case of an accident at a nuclear power plant or what is known as a radiological emergency, radioactive iodine will be released into the air. This material may be inhaled or ingested and enter the thyroid gland where it can cause cancer and/or disease. Children and infants are the most vulnerable to this occurrence. When taken by pill, potassium iodide (KI) floods the thyroid with non-radioactive iodine and prevents the thyroid from absorbing the radioactive material. Potassium iodide needs to be given before or shortly after exposure to radiation. Potassium iodide works only to prevent the thyroid from absorbing radioactive iodine.

Potential Side Effects of Potassium Iodide

It is possible to experience **any or all** of the following side effects when taking Potassium Iodide:

- ◆ Upset stomach
- ◆ Rash
- ◆ Allergic reaction

Risks of taking Potassium Iodide

Taking Potassium Iodide is safe for most people. Potassium Iodide **should not be taken** if someone:

- ◆ Is allergic to iodine
- ◆ Has Graves Disease
- ◆ Has any other thyroid illness
- ◆ Takes thyroid medication

Administration of Potassium Iodide

Potassium Iodide will only be given:

- ◆ In the case of a radiological emergency
- ◆ If it is recommended by public health officials
- ◆ If a parent/guardian signs a consent form for a child

Informed Consent

I consent to have the school nurse or his/her designee administer Potassium Iodide to my child:

Child's Name _____

Child's Date of Birth _____

Parent/Guardian Name _____

Address _____

Telephone Number _____

Parent/Guardian Signature: _____