



KINGSTON FIRE-RESCUE DEPARTMENT

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Robert T. Heath
Chief of Department

MEMO

FROM: Robert T. Heath, Fire Chief/Emergency Management Director *Robert T. Heath*

TO: Residents of Kingston
Town Employees

DATE: April 30, 2009

RE: H1N1 Influenza Advisory

I would like to take this opportunity to forward some basic information to all of you regarding the ongoing outbreak of the H1N1 Influenza. Yesterday I sat in on a conference call involving the Massachusetts Department of Public Health, Massachusetts Emergency Management Agency and the Federal Emergency Management Agency. This conference call was to advise local officials of the current status and future predictions of this strain of flu.

It should be noted that the State is prepared at many levels and is enhancing their preparations with regards to anti-viral medication and getting the word out to prepare the citizens on how to deal with this.

The following basic precautions should be taken by everyone:

1. If you are sick, stay home and avoid contact with others for a full seven days.
2. Follow normal precautions to prevent the spread of influenza.
3. Use non water-based hand sanitizer repeatedly, not only on your person, but on potentially contaminated surfaces.

In the event that you have further questions or concerns, the State has advised that the Massachusetts "211" telephone number is available to you 24 hours a day, 7 days a week.